

Snazzy sunglasses

Learning intentions

Children will understand the benefits of wearing sunglasses. They will make frames for use in role-play.

Stepping stones

Area of development	Stepping stone
Knowledge and understanding of the world	Children will find out about and identify some features of objects they observe
Creative development	Children will explore colour and space in two or three dimensions

Organisation

Small group. Children may need help with cutting out their sunglasses, particularly with the eye holes.

Resources

Different examples of sunglasses; snazzy sunglasses worksheet photocopied onto card; shiny stickers; wax crayons; large plastic mirror; role-play area set up as a seaside (for extension)

Note: 'real' sunglasses should offer 100% UV protection. When choosing sunglasses look out for the 'CE Mark' or a UV 400 label. Wraparound sunglasses offer the best sun protection from the sides of the face as well as from the front.

Key vocabulary

UV protection, sunglasses, direct, sun, bright

Introduction

Show the children the sunglasses. Invite a child to wear a pair. What can they see? Are they comfortable? Do they look good? Explain that sunglasses can provide useful protection on sunny days. Talk about how 'play' sunglasses should not be worn outside as they don't offer any protection from the sun. Also, remind children that they should never look directly at the sun.

Activity

Give each child a pair of card frames. Ask the children to decorate the frames so that they look bright and cheerful and people would want to wear them.

Discussion

Invite children to model their frames. Talk about which frames would look good with different outfits. Discuss other sun protection accessories such as hats, t-shirts and sun umbrellas. You may find the SunSmart code useful for this:

- S**pend time in the shade between 11 and 3
- M**ake sure you never burn
- A**im to cover up with a t-shirt, hat and sunglasses
- R**emember to take extra care with children
- T**hen use factor 15+ sunscreen

Discuss how children can look after their sunglasses. When might sunglasses get broken? What can you do to prevent this? How do children who are short or long sighted look after their glasses?

Extension

Set out a role-play area with a blue mat for the sea, shells, paper fish, buckets etc. Throughout the week invite children to paddle in the sea whilst wearing sunhats and their play sunglasses.

